



Tonja Goins

JAN 23, 1964 - FEB 9, 2024



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Tonja Goins

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Tonja Lynn Goins, 60, of Stockton CA, left this world February 9th, 2024, amidst her valiant battle with cancer.

Tonja was born on January 23, 1964, to Hiawatha Givens and Nadine Holton in Oakland, CA. She was the youngest of three children and was gifted a memorable childhood due to her mother's success in the medical field. While attending Oakland High School she met Rosco Goins II, who she went on later in life to have two children, Tytianna and Rosco III. After graduating from Oakland High in 1982, Tonja then began her studies in Healthcare Administration at Heald college.

Tonja successfully completed her studies at Heald, obtaining her degree in Business Administration. She then started working at Prudential Healthcare, kicking off her amazing career of thirty-five years in the Healthcare Administration field. Tonja's example of superior work ethic and superb management skills in healthcare instilled a diligent work ethic and amazing business professionalism in her children. Tonja continued to increase her knowledge by obtaining multiple certificates throughout the years. She established herself at Delta Health Systems and quickly rose through the ranks, becoming Director of Operations. She worked timeless hours at Delta, always making sure to give her all. When not working, Tonja enjoyed spending time with her three grandchildren, Kevin, Rigo and Dominik. Their time together consisted of baking, watching movies, and playing games. Every day, working or not, Tonja practiced Kaizen in her relationship with the Lord.

Tonja is predeceased by her parents Hiawatha Givens and Nadine Holton as well as her nephew Kyle Lyles. She is survived by her children Tytianna Castillo (Stockton) and Rosco Goins III (Stockton); her grandchildren Kevin Miller Jr. (Stockton), Rigo Castillo Jr. (Stockton), and Dominik Castillo (Stockton); her sister Gloria Lyles (Montgomery, Texas) and her brother Michael Givens (Oakland, California); Her nieces and nephews: Chelsea Barrett, Jermaine Givens, Arianna Givens, Kachett Davis and their respective families. Her two favorite cousins Lula Woods (Sacramento),



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and Jayeane Busby (Manteca); among a host of other cousins; and her cherished work family at Delta Health Systems.

Services for Tonja will be held at Sunset Lawn Chapel of the Chimes of Sacramento on May 9, 2024 from 12 PM to 1:30 PM. If you would like to send the family flowers please contact Sunset Lawn Chapel of the Chimes at 916-922-5833 or order them directly from this web page for the date of the service. If you would like to make donations, please contact Jayeane Busby at 510-266-2009.

“And God will wipe away every tear from their eyes; there shall be no more death, nor sorrow, nor crying. There shall be no more pain, for the former things have passed away.” – Revelation 21:4
NKJV



Funeral Ceremony

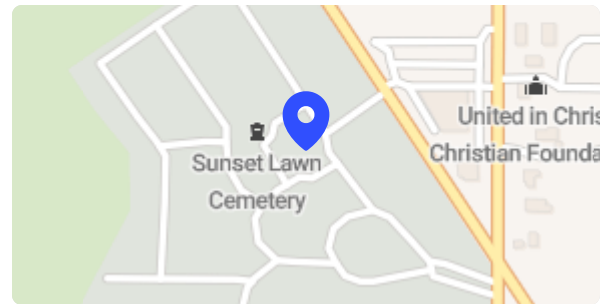
Thursday, May 9, 2024

12:00 PM - 1:00 PM PT

Sacramento: Sunset Lawn Chapel of the Chimes Main Chapel

4701 Marysville Boulevard, Sacramento CA 95838

Entombment to follow



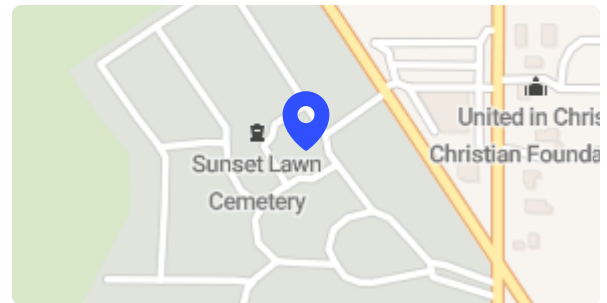
Entombment

Thursday, May 9, 2024

1:00 PM - 1:30 PM PT

Sacramento: Sunset Lawn Chapel of the Chimes Chapel of Reflection

4701 Marysville Boulevard, Sacramento CA 95838

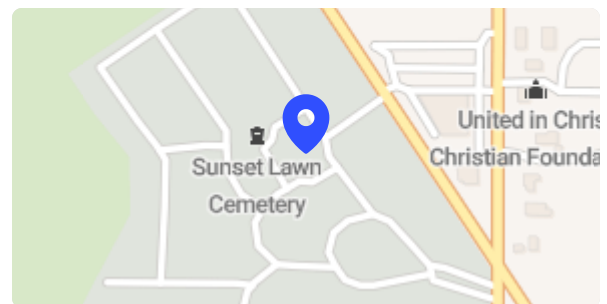


Cemetery Details

Sunset Lawn Chapel of the Chimes Memorial Park

4701 Marysville Boulevard, Sacramento CA 95838

916-256-2659





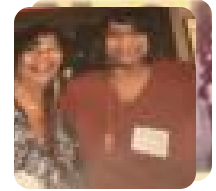
Tribute Wall

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Michelle Villadores shared 2 photos to the **Tribute Wall** album.



Tonja and I met back in 1991@ Prudential Healthcare where she was my Manager in various Departments. Our mothers were nurses. We both had Bay Area ties. She purchased and decorated my youngest child's nursery in 1996. We were the last to leave the building when they closed the doors in the Stockton office. A few years later I called her to tell her of manager's positions @ Delta Health Systems when she was at Washington Mutual and she came to work where we were reunited again and she became my manager once more. We last came in contact this past December when she gave me the best advice as she usually did which was "to keep my head up, and to keep going no matter what!" I took her advice. I'm going to miss not being able to reach out to her and just chop it up, talking about our kids and grandkids and if I know anything I know she's with her mom and Kyle right now. My Condolences to her children & grandchildren,& her family as they lost a beautiful Queen.. I lost a friend who is irreplaceable whom I will always love and never forget. Rest in Paradise Tonja and thank you for the past 33 years of us. - Michelle Willis-Villadores

May 9 at 7:39 AM



Anonymous sent a Lavender Reflections Spray to the Goins family.



April 29 at 8:43 AM



Anonymous sent a Simply Elegant Spathiphyllum to the Goins family.



April 26 at 6:59 AM



Lula Woods shared a photo to the **Tribute Wall** album.



Cousin, I will miss you. We shared our own special talks, and laughs for hours RIP Cousin I believe with God's grace and mercy, I'll see you again. One Love ❤️

April 11 at 2:23 PM



Tribute Wall

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Lula Woods shared a photo to the **Tribute Wall** album.

I'm going to miss you, cousin, our own special talks, and laughs, that we shared for hours, at a time. I'll always carry you in my heart, until we meet again one love ❤️.

April 11 at 12:22 PM





Media

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May 9 at 7:39 AM





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April 11 at 2:23 PM





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April 11 at 12:22 PM





Memories only last if you share them

Join us in honoring Tonja by contributing to a collection of shared memories.



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